

CAPS *foundation* INFOMAG



*Ever wondered why PA Day and
Doctor's Day is celebrated on the
same day???*

Because 'Health is Wealth.'



August 2020

Editor's View

“Your profession is not what brings home your weekly paycheck, your profession is what you're put here on earth to do, with such passion and such intensity that it becomes spiritual in calling.”

— Vincent Van Gogh



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Cf Dr. Devi Prasad Shetty- THE LIVING GOD

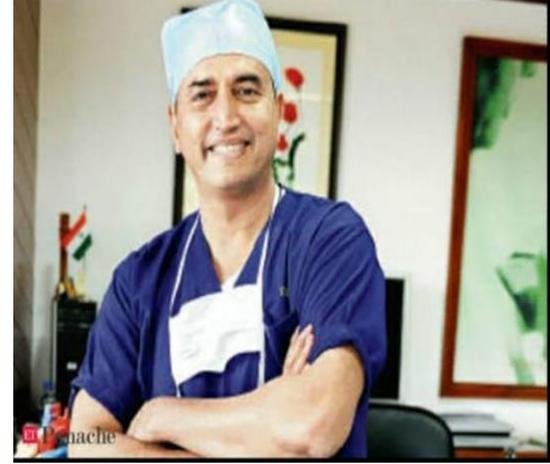
Dr. Devi Prasad Shetty is the Chairman of Narayana Health, and also an Executive Director. He is a cardiac surgeon with around 34 years of experience. He founded Narayana Health in the year 2000. He initiated the concept of "micro health insurance scheme" in Karnataka, which eventually led to the Karnataka government implementing the Yeshasvini scheme, a micro health insurance scheme for rural farmers.



Dr. Shetty is a professor at Rajiv Gandhi University of Medical Sciences, Bengaluru, India and University of Minnesota Medical School, USA. He is the recipient of a number of awards and honours most noteworthy being 'Padma Shri' and 'Padma Bhushan' Award in 2003 and 2012 respectively, conferred by the Government of India and the 'Rajyotsava Award' in 2002 conferred by the Government of Karnataka.



He was also conferred with the 'Dr. B C Roy National Award' by the Dr. B C Roy National Award Fund under the category of 'Eminent Medical Person' in 2003, 'Entrepreneur of the Year Award - Start-up 2003' by Ernst & Young, India, and 'Sir M. Visveswaraya Memorial Award' conferred by the Government of Karnataka in 2003. The Rotary Bangalore Midtown conferred him with the 'Citizen Extraordinaire' award in 2004.



He also received the 'Outstanding Social Entrepreneurship Award' by the Confederation of Indian Industry in 2005, 'The President's Award' by the American College of Cardiology in 2011, and the 'Indian of the Year Award' in 2012 by CNN-IBN and the 'Lifetime Achievement Award' by the Federation of Indian Chambers of Commerce and Industry.



“Your Ideas of Good and Bad are just level of prejudice against life”.

SADHGURU

Vedanta Ledger Balance

- People ask I always do GOOD but I always suffer whereas there are other people who do many BAD things, still enjoy... **WHY ???**
- Human Janma is a Balance Sheet (Which is a continuing affair) and not a Profit & Loss Account (Which is closed Janma by Janma basis)
- Liabilities has carry forward balance of Sins/Bad deeds of previous janma say, S1 = 100, whereas Assets contain No opening balance of Good deeds G1.
- In Current Janma, there are 3 options.



- a. **Option 1** – Opening balance of Sins/Bad deeds S1 = 100 and of Current Janma S2 = 100 with Good deeds G1 = 120. Here we suffer for both S1 & S2 and also have Human Punarjanma since we have net carry forward of 80 i.e., $100+100-120 = 80$ (S)
- b. **Option 2** – Opening balance of Sins/Bad deeds S1 = 100 and of Current Janma S2 = 100 and No Good deeds G1 = NIL. Here we suffer a lot and have Human Punarjanma.
- c. **Option 3** – Opening balance of Sins/Bad deeds S1 = 100 and No sins/bad deeds in Current Janma S2 = NIL and Good deeds G1 = 100. But still we suffer for S1 balance. However no carry forward. Hence **MOKSHA** in next janma.

•

Please note that there is only carry forward of

Losses (S) and not carry forward of **Incomes (G)**.

However there might be some relief u/s 89.

• Punarapi Jananam, Punarapi Maranam. Life

Continues as long as there is excess (**S**) balance.

• **S** is made up of **S1**(opening balance) i.e.,

Praarabdhakarma / inherited and **S2** (self acquired).

So, Ultimate goal of life is to tally the Balance Sheet

so that

G (Good deeds)= **S** (Bad deeds)

Cf Exam Mantra

--Extract from wikipedia

Mantra: Note Down What You Think and Learn

❖ You may have heard someone say that you only remember 10% of what you read and 20% of what you hear.



❖ These numbers have not really been supported by research, but it is true that people tend to remember more of what they engage with – that is, you remember something that you do or teach more than anything you just read or hear.



❖ This is one reason that [taking notes](#) about what you are learning is so important. As you write notes your brain is more likely to record, and later be able to recall, what you learned.



❖ Another great way to remember what you learn better is to discuss it with someone. Study groups are great for this. When you talk about something you not only come up with more ideas, but you relate it to what you already know, you put it into context, and you better understand and remember it.



“Thinking should become your Capital Asset, no matter whatever ups and downs you come across in your life”.

1. Who is the youngest CA in the world ?



1. 2. Who is the youngest Doctor in the world ?

3. Which disease does not have effective medicine?



4. B.C. Roy Award is given in the field of _____

5. Any 2 politicians who are CAs?



Answers for last month's SQC

1. R. Sivabhogam

2. Medicine

3. Margaret Court

4. Thiruvananthapuram, Kerala

5. Tedros Adhanom



Kindly post all answers to us at infomag@capsfoundation.in
Names of those who have given right answers shall be published in the next issue of Cf Infomag.

"Don't wait for opportunity. Create it".

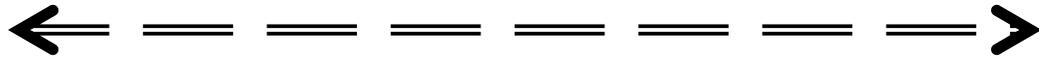
Facts : Most endangered animal in Africa

Ethiopian wolf

The Ethiopian wolf is Africa's most endangered carnivore and the continent's only wolf species. It is a handsome rusty red jackal-like dog and, as the name suggests, it is endemic to Ethiopia's It is endangered due to loss of habitat to farmland and due to diseases caught from domestic dogs.

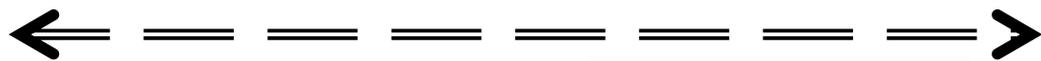
Best place to see Ethiopian Wolf

Despite it being one of the most endangered animals in Africa, with perhaps no more than 500 individuals left, it is relatively easy to see in Bale Mountain National Park.



App of the month: Aarogya Setu

Aarogya Setu is a Sanskrit Language Word which means "A Bridge of Health". This is an android and IOS app which is a coronavirus tracking app that uses data provided by users. Aarogya Setu makes use of GPS and Bluetooth to determine if a person is near or has been in contact with a Coronavirus-infected person.



Did you know?

"Forty" is the only number that is spelt with letters arranged in alphabetical order.

40

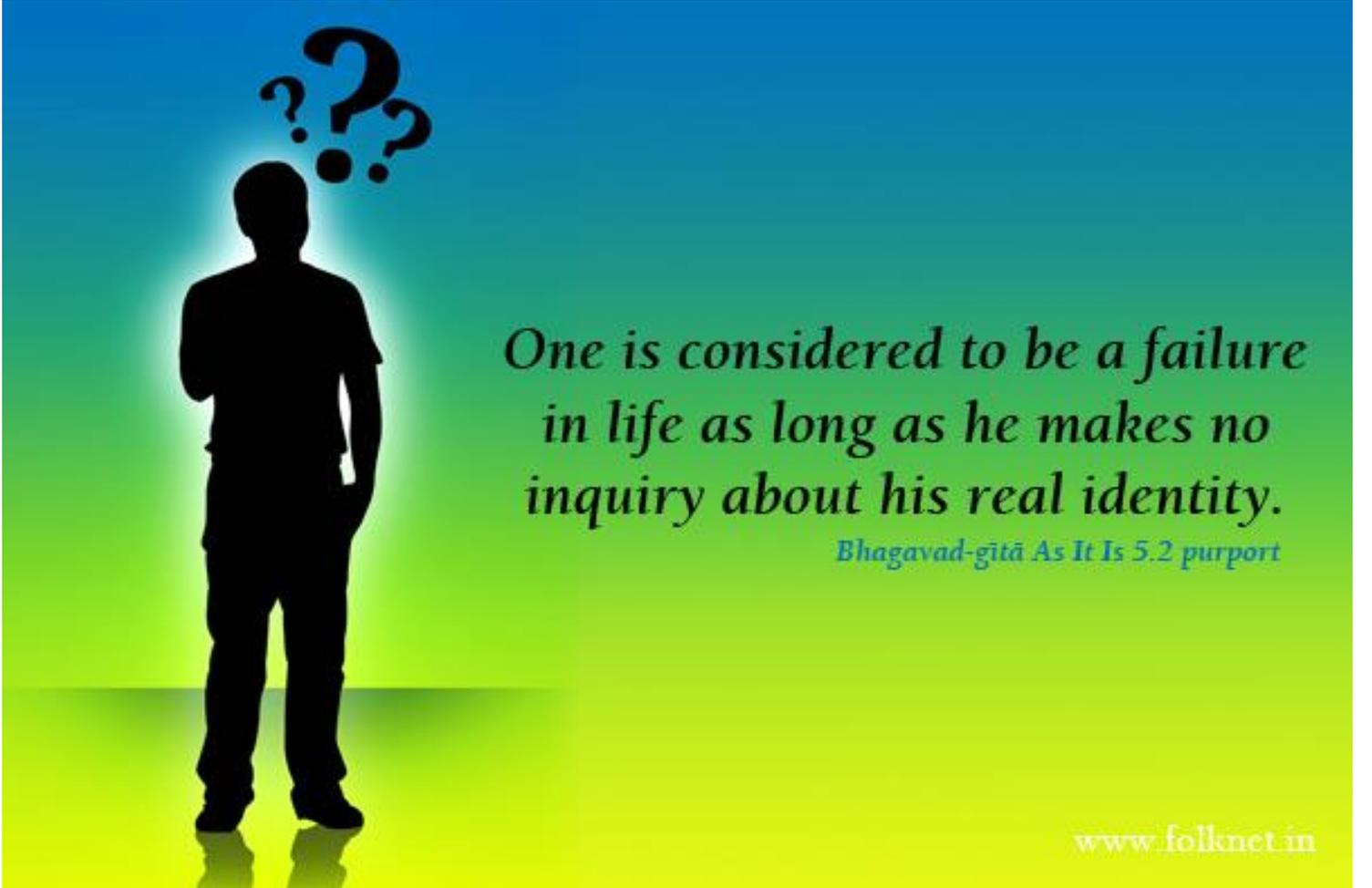
"Success is the ability to move from one failure to a without loss in Enthusiasm".

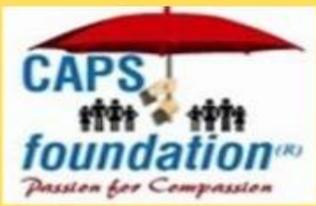
Cf Life Mantra

ಕಾಯಕವ ಚರಿಸುತ್ತ, ಮಾನಸವ ಸಯ್ತುಡುತ್ತ
|ಆಯಸಂಬಡಿಸದವೊಲಂತರಾತ್ಮನನು
||ಮಾಯಯೋಡನಾಡುತ್ತ, ಬೊಮ್ಮನನು ಭಜಿಸುತ್ತ
|ಆಯುವನು ಸಾಗಿಸೆಲೊ - ಮಂಕುತಿಮ್ಮ ||

ಭಾವಾರ್ಥ : ಕಾಯಕವನ್ನು ಮಾಡುತ್ತಾ, ಮನಸ್ಸನ್ನು
ಸಂತೈಸುತ್ತಾ, ಆತ್ಮವನ್ನು ಆಯಾಸಗೊಳಿಸದೆ,
ಮಾಯೆಯ ಒಡಾನಾಡುತ್ತಾ, ದೇವರನ್ನು ನೆನೆಯುತ್ತ,
ಜೀವಿತವನ್ನು ಸಾಗಿಸು.

Mankuthimmana Kagga





Cf DON -3



Please join us in our Mega Project

Cf KALAM for KALAAM

Please give your name/your parent name with PAN where ever applicable for record purpose.

Whatsapp to 9886683697

DONATE NOW

capsfoundation.in/donate

5TH, 6TH & 7TH | AUGUST 2020

Little drops of water make the ocean.. Each contribution you make is significant and can change the life of many..

Cf - Kalam for Kalaam - WALL of GRATITUDE



July

Abhishek Murthy

Akhila A

Arpltha Chandra S

Balachander R

Bhanu Prakash

Chandrashekhara Shetty

Guruprasad Makam

Hithakar Chouta

Lochana S

Manjunath Prabhu

Nagadatt

Pankaj Kumar R

Pavan HV

Pavithran GS

*Thank You for bringing about
a change in their lives*



Punith BK

Ramamani Venkatesh

Santhosh Kumar Shetty

Sharath R

Shrinidhi

Sri Ganesh

Srilakshmi P

Srinidhi Bharadwaj

Sumithra D

Venkatesh Koteswar

Vinutha



*Your small Contribution will bring
about a huge transformation*

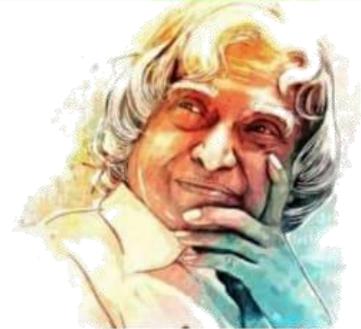
"Life is better when you cry a little, laugh a lot, and thankful for everything you've got".

CAPS foundation®



Kalam for Kalaam 2020

"Nobody can do everything,
BUT
Everybody can do something!"



ABOUT US

CAPS foundation® is one such step towards winning over the deficiencies within. Started on the 18th of May 2008, it is a registered trust with activities ranging from promotion of education, career orientation, relief programmes and the list goes on and on.

We don't believe in the power of money. We believe in the power of being human. Come, take that little step towards being human and see how the world around you changes.

KALAM FOR KALAAM

Our Next Mega Project

To contribute for the growth of underprivileged students A SUM OF RS. 1,00,00,000+ in supporting underprivileged schools' infrastructure and other necessities such as

- Construction of toilets especially for girls
- Repairs of school infrastructure
- Painting and art
- Smart TV and computers
- Furniture, drinking water units etc
- Sports Equipment, books and so on.

Project Covers 1000+ Government schools in Mysore District covering all 10 Taluks

Around 100,000 beneficiary students across Karnataka

If you also wish to join hands in this noble cause, the time is now!!

We invite Individuals, your families and friends to contribute towards this noble cause. Corporates who wish to donate as a part of CSR or otherwise are welcome to join hands.

You can also donate a particular amount specific to the items mentioned overleaf

DONATE GENEROUSLY!

*"Takers eat well;
Givers sleep well"*

Contribution till the year 2020 in aggregate by self, family and friends, corporate/ CSR contribution of

- Rs.10,00,000 Platinum Member
- Rs. 5,00,000 Diamond Member
- Rs. 3,00,000 Gold Member
- Rs. 1,00,000 Silver Member

You can also donate a particular amount for any quantity specific to the items mentioned below

ITEM	PRICE /UNIT
Laptop	Rs. 25,000
Projector	Rs. 19,000
Smart TV	Rs. 15,000
Band set	Rs. 7,500
Sports Equipments	Rs. 5,500
Library books	Rs. 5,000
Almirah / Racks	Rs. 5,000
Desk and Benches	Rs. 4,500
Kits and Charts	Rs. 2,000
Drinking water storage steel unit	Rs. 1,500
Chairs and Tables for Teachers	Rs. 1,500
Hand Mike	Rs. 1,000

Bank Account Details:

Account Name: CAPS Foundation
Account Number: 64054464963
Bank Name: State Bank of India
IFSC Code: SBIN0040159
Branch Name: Hanumanthnagar

For more details Contact : +91 9886683697

Visit our website: www.capsfoundation.in

All contribution are eligible for deduction u/s 80 G of Income Tax Act of 1961.

*"You are Handsome when
you give Hand to Some"*

Cf Thought to be taught

